

Programme 1: Walks and Talks



We are planning a series of guided walks and talks for the public between 2022 and 2024. The walks will connect people to their local heritage through telling the story of 4,000 years of Cornish history, whilst also giving brilliant health and wellbeing benefits!

The guided walks will take place in 10 of the 12 sections of the AONB. Check out our 'upcoming events' section of the webpage to find out about walks near you.

Planned Activities

Guided walks at:

- Bodmin Moor
- Rame Head
- Cliff Castles
- Prehistoric sites

Accessible Visits

Ecology talks



Programme 2: Art in the Landscape



Art can help bring people together and can be a great way to connect with nature. Our activities will help people to connect with heritage and their local landscapes in a new way, exploring history through creativity.

We will have activities to suit all ages and interests. Join our mailing list to find out about upcoming events near you.

Planned Activities

- Creative Writing workshops
- Observational Drawing sessions
- Pottery Making workshops
- Storytelling, Myths and Legends



Programme 3: Formal Education

Health & Wellbeing



Volunteering



Connecting
with nature



Connecting
with heritage



Physical
activity



Socialising



The project will provide opportunities for local schools, colleges and universities to connect to their local heritage through site visits, training and placements. We will also be working with Historic England's Heritage Schools Programme and the Cornwall Heritage Trust to provide training for teachers on Scheduled Monuments.

If you are a student or teacher and interested in finding out more about our educational programme, please get in touch at monuments@cornwall-aonb.gov.uk

Planned Activities

- Historic England Heritage Schools teacher training
- Student site visits
- College/University placements
- Online webinar series



Programme 4: Outreach & Events



From 2022 to 2024, our project team will be hosting a series of community engagement events across the county. These events will give everyone an opportunity to get involved in helping to protect their local Scheduled Monuments, as well as helping people to learn more about heritage, develop new skills and meet new people.

We will be at the Royal Cornwall Show from 8 - 10 June 2022, so pop by our stand in the forestry tent to find out more about the project and how you can get involved.



Programme 5: Health & Wellbeing



The Scheduled Monuments are located in areas of stunning natural beauty, with views of forests, moorland and sea.

Our activities are focused on helping people to access these green spaces and connect to their local protected landscapes which can have a real impact on health and wellbeing. Check out our 'upcoming activities' noticeboard for activities near you.

Planned Activities

- Yoga Classes
- Forest Bathing
- Meditation Sessions
- Cycling Sessions with Active Cornwall



Programme 6: Volunteering Skills



Over the next two years we will be helping to train local community groups and volunteers to care for the Scheduled Monuments in their local areas, ensuring that these heritage sites remain protected for future generations.

If you'd like to get involved as a volunteer, please contact monuments@aonb-cornwall.gov.uk

Planned Activities

- Vegetation management and monitoring
- Test pit digs
- Volunteer access improvements
- Toolbox talks - ecology
- Bat walks
- Bat and bird box building and install



Skills & training

- Walk leader training
- Excavation and survey training
- Conservation & stabilisation training
- Coastal erosion monitoring training
- Monument Watch training
- H&S and First Aid training
- Brushcutter training
- Hand tool maintenance training